



GET THE FACTS

A healthy family and community starts with you.

BE SAFE. VACCINATE.

Hayley, GP and Mum to Elijah, Jayda and Anastasia.

Healthy lifestyle and good hygiene are not enough to protect your family from disease.

Vaccination protects your child against serious diseases such as measles, whooping cough and diphtheria.

All children should be vaccinated according to the Immunisation Schedule to ensure they are protected.

Vaccinations are due at 2, 4, 6, 12 and 18, months and 4 years. If you skip or delay vaccinations, your child could be vulnerable to disease.

If your child hasn't been vaccinated or has missed a vaccination, it's easy to catch up - just ask your doctor.

Your doctor can also address any questions you have about vaccination and your child's health.

VACCINATION FACTS

- Vaccination is the only protection against serious diseases such as measles, whooping cough and diphtheria
- Vaccination does not cause SIDS (cot death), autism, allergies or asthma
- Vaccination may cause minor side effects such as redness, swelling and discomfort at the injection site, which in most cases can be easily treated with paracetamol and other comfort measures. Serious side effects are extremely rare.
- To offer your children the best protection from disease, vaccinate them according to the recommended schedule rather than splitting or delaying vaccines
- Natural therapies including homeopathic vaccinations are not a substitute for vaccination
- It is important to keep vaccination levels high to avoid localised outbreaks and protect at-risk groups and those too young to be vaccinated.

MY QUESTIONS

Write any questions you have about vaccination here. You can bring this to your child's next Doctor's appointment to discuss your concerns.

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Dana, GP and Mum to Oliver and Harry.

Like many medications, no vaccine is 100% effective.

However, if everyone in Australia was vaccinated, it would be much harder for infections to spread from person to person, and throughout the whole population, due to higher levels of immunity.

Eventually, If everyone in Australia was vaccinated, some diseases could be eradicated completely.

NEXT APPOINTMENT

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Melissa, Health Nurse and Mum to Bethany.

